



befriend

WEEK 3

INTRODUCTION:

When we recognize, confess, and repent from our sin, we are able to develop deep friendships and seek reconciliation.

DISCUSSION QUESTIONS:

Icebreaker: Describe a time when you moved or help someone else move. What did you do to help out?

READ: 1 John 1:5-10 & Matthew 7:1-5

1. From Matt & Janet's story, have you ever thought you might be the only one who struggles with the same sins as you? Why do you think we often feel like that is the case? Is it the truth? Why not?
2. Janet stated, "their marriage changed" when she stopped focusing on Matt and understood how God had forgiven her. When we look inside and confess our own sin, how does that make reconciliation easier?
3. From Caleb and Ashley's story, when have you experienced reconciliation? How did it feel to mend that relationship? When have you fought for a friendship with another believer? What did it take to keep that friendship going?
4. From 1 John 1:5-10, When has a sin been brought out of the darkness in your life? What's difficult for you about God bringing your sin to light? How does it feel to know you'll be met with his grace and forgiveness?
5. From Matthew 7:1-5, when have you felt judged by someone else because of something you did? How does their judgment make you feel?

MOVING FORWARD:

Read and reflect on 1 John 1:5-10 & Matthew 7:1-5 this week. How could you apply the principles about sin from these passages to your life this week? Consider confessing a sin this week...either writing it down or telling a spouse or trusted friend?

UNLEASH THE GOSPEL:

Is there a person in your life where you know you've hurt them and need to ask for their forgiveness? Consider sharing with them why admitting sin is important to you.